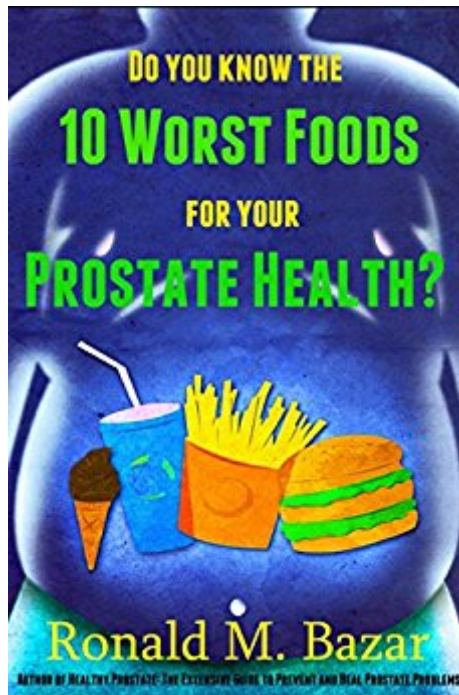




The book was found

Do You Know The 10 Worst Foods For Your Prostate Health?



Synopsis

Do You Know the 10 Worst Foods for Your Prostate Health? Most men don't know much about their prostate... Yet your prostate is a gland, which among its many functions filters out toxins from your ejaculate! That means the worse you eat, the harder your prostate works. And the earlier your prostate shows signs of poor health. Your prostate gland can make its presence known later in life, demanding your attention: prostate cancer, an enlarged prostate, or an infected prostate are the all too common prostate conditions affecting more and more men, and at an earlier age than decades ago. It's a remarkable gland, and prostate health or its lack as prostate disease can have huge repercussions on a man's quality of life. Why wait until your prostate function is compromised to learn what foods you shouldn't eat? Your prostate and your sex life will have a better chance if you learn the 10 worst foods as soon as possible. It is vital to men's natural health and human survival.~~~~~Ronald M. Bazar, a Harvard MBA, is the author of the ground-breaking book, Healthy Prostate: The Extensive Guide to Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostatitis, and other books on prostate function: Prostate Health: Learn the 10 Amazing Functions of Your Prostate Prostate Cancer Prevention Diet The Prostate Health Diet The Prostate Massage Manual Secrets of Male Catheter Insertion for Prostate Problems He brings a unique perspective not found anywhere else, learned in the trenches of healing his extreme prostate condition. He suffered from complete urinary retention the inability to pee and was scheduled for emergency surgery, which he chose not to have. He has studied diet and health for four decades, as both an enthusiast and as a businessman, starting in the early years of the natural health industry. His years of dedication and research to understanding wellness provide the special insights in this book. He will inspire you to a level of health to serve you for the rest of your life. He now lives a fulfilling life as a writer and hobby artisan on a remote island off the BC coast.

Book Information

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Customer Reviews

INFORMATIVE AND SCARY WHEN YOU THINK ABOUT IT. WOULD LIKE TO DEAL WITH MY BPH WITHOUT A REAMING (TURP) AND THIS WILL HELP ALONG WITH BOOK: PROSTATE HEALTH IN 90 DAYS BY LARRY CLAPP. NO CANCER HERE YET.

There was great information in this book. I really liked the additional articles and videos. I learned quite a bit with this book. Thank you.

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Whole: The 30 Day Whole Foods Challenge: Complete Cookbook of 90-AWARD WINNING Recipes Guaranteed to Lose Weight (Whole, Whole foods, 30 Day Whole ... Whole Foods Cookbook, Whole Foods Diet) The Whole Life Prostate Book: Everything That Every Man-at Every Age-Needs to Know About Maintaining Optimal Prostate Health The Prostate Massage Manual: What Every Man Needs To Know For Better Prostate Health and Sexual Pleasure The Prostate Diet Cookbook: Cancer-Fighting Foods for a Healthy Prostate Prostate Health Guide: Get the Facts and Natural Solutions for Optimal Prostate Health Mayo Clinic On Prostate Health: Answers from the World-Renowned Mayo Clinic on Prostate Inflammation, Enlargement, Cancer (Mayo Clinic on Health) Enlarged Prostate Solutions: Natural Solutions for Prostate Health without Drugs or Surgery Prostate Health 101: Prostate Massage Benefits and Techniques Saying Good-Bye to Your Prostate: A Decidedly Outside-the-Box Journal on How to Beat Prostate Cancer and Laugh While Doing It PROSTATE REVITALIZED: REDUCE YOUR PROSTATE INFLAMMATION BY 90% WITHIN 7 DAYS Foods High in Fiber Cookbook: List of High Fiber Foods for a Healthy Lifestyle - Recipes for High Fiber Foods The GMO Takeover: How to Avoid Monsanto and These Harmful Foods (GMO, Genetically Modified Foods) (Avoiding Toxic GMO Foods and Monsanto to Stay Healthy Book 1) Dr. Peter Scardino's Prostate Book, Revised Edition: The Complete Guide to Overcoming Prostate Cancer, Prostatitis, and BPH

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